

Chaar Tae Kwon Do Newsletter

March 2010

Announcements

- Please be advised the Chaar Martial Arts Center will be closed Monday, March 8 through Thursday, March 11 for Spring Break.
- Please Be Aware that the Chaar Martial Arts Center will be holding an Awards Ceremony and Luncheon at Hoss's Steakhouse for all Temporary blackbelt and First Dan students that just took their test. Kukkiwon Certificates and belts will be distributed at that time.
- The Chaar Martial Arts Center booth at Mount Nittany Middle School on February 12 was a big success! Thanks to all the students and the parents that helped out and made it what it was.
- Remember Parents, summer is just around the corner. Our Martial Arts Camps for kids will be starting Monday, June 21, 2010. These are weekly camps. You can sign up for a half a day weekly camp from 9 AM – 12 PM or full-day weekly camps that start at 9 AM and run until 5 PM. For more details on the program, please pickup a brochure from the bin in the waiting room. Make sure you secure your child's spot now! The first week of camp is June 21 – June 25 (half day). The second week will be June 28 – July 2 (full day). Applications will be available during the month of February.
- Peak Performance Martial Arts Boot Camp for Adults. Four weeks of great fun and sweat! This boot camp is a great way to get in shape, learn martial arts and get lean. Sign up now so you don't miss all the fun later. And remember, if you have the will, we'll get you there!
- The Dream Team and Blackbelt Club will be meeting Friday, March 19 at 5 PM. Please make sure you wear your Blackbelt Club or Dream Team uniform and bring in your equipment.
- Please students, remember, if you did not attend any tournaments in the fall semester, please make sure you attend a tournament outside State College. There will be many coming up in March and April. Remember, you must have at least one tournament under your belt in order to take your next promotion test. Also, if you attend any seminars or workshops, that will be equal to a tournament.
- Remember students, you need to maintain what you learned so you can learn your next requirement for your new belt.
- All new students, if you need any equipment you can order it through the school. All you have to do is talk to either Master Chaar or Master Collins.
- **Parents and Students: Please be sure to renew your contract as soon as possible to avoid another \$115 registration fee.**

- Important Notice! We just got the word that the USA has won the bid to hold the World Hanmadang Championship in Chicago this year so it will not be held in Malaysia as it was previously announced. Prepare yourself!
- Parents, please be sure to remind your children to practice. In order to test for the next level, students must know all previous requirements and new ones.
- Upcoming test dates are as follows:
 - Friday, May 14 – All belts – Children 5 PM – 6:30 PM, Adults 6:30 PM – 8:30 PM Please arrive 15 minutes before test starts.
 - Make-up Test: TBA
- All Red belts and above: Remember, that you should be keeping a journal with your teaching experience. Please bring in your journal sometime this month and turn in to Master Chaar or Master Collins. Make sure you fill out the instructor form sheet every time you teach a class. Those forms are very important for your next test. Last month, only three people handed in their journals, so please be prompt with your journals!
- Buddy Week will be the week of Monday, March 22. Remember students, you can invite a buddy of yours to come and train with us for the whole week for FREE! Make sure you pick up a waiver form for your friend for their parents to sign.
- Parents Night Out will be Friday, March 19 from 7 PM until 10 PM. Forms to sign up for Parents Night Out will be available at the school. Please make sure you turn in your forms by Wednesday, March 17.
- All Parents Please Note: In order for us to be able to help your children, it is a school requirement that in order for students to test for their next belt, he/she must attend class a minimum of twice a week (unless sick or otherwise, then you need to make-up classes). We do offer private lessons for kids that need to make-up classes.
- On Sale Now: Chaar Martial Arts T-Shirts! Only \$10. We also have re-breakable boards, belt racks and sparring gear.

Specials

March Only – New students will receive a FREE uniform when they sign-up.

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Tournaments

- *Coal Kicking Championship* – Sunday, March 7 – Tamaqua, PA
- *Ganster Karate Championship* – Saturday, March 21 – Reading, PA
- *USA TaeKwonDo Qualifier for USA Nationals (WTF Style)* – Saturday, March 27 – York, PA
- *USA Karate Championship* – Saturday, April 17 – Clarks Summit, PA
- *PA State Championship* – Saturday, May 8 – State College High School, State College, PA
- Other Tournaments, please check the bulletin.

Workshops, Seminars and Camps

- Peak Performance Martial Arts Boot Camp. April 2010. If you want to get in shape and lose weight, sign up now to reserve your spot. Applications will be available at the school. Reserve your spot today!
- We will be having a Gymnastics Workshop on Sunday, March 28 for ages 5 through 15. Applications will be available in the hallway.
- Private lessons for kids and adults are available. If you need to better prepare for a test, tournament, or want to improve your skills, you can setup an appointment with Master Chaar. Private sessions are \$60 per session. Sessions can be purchased in five (5) and ten (10) sessions per package and run for approximately 45 minutes. There will be a \$10 discount for a five session package and a \$25 discount when you buy 10 or more sessions. Please note, no-shows will be charged for that session. Full payment for the package is expected promptly after the first session. Cancellations require a 24-hour notice. Lessons may be purchased for a discounted price in five or ten lesson packages. Lessons are on a first-come, first-served basis with a limited number of appointments available.
 - Tae Kwon Do (all ages)
 - Weapons (all belts; 7 and 8 o'clock students only)
 - Self Defense (open to all interested, including parents and students)
 - Group Workshops

