



**You Could Win \$1000!**



**Register  
NOW!**



**The 60 Day  
Challenge**

**Achieve your Goals in 2012:**

# **Get Fit with the 60 day fitness challenge**

**\$1000** prize to the person who loses the greatest  
percentage of body weight

- ★ In **60 MINUTES** you will **FEEL** the difference!
- ★ In **60 HOURS** you will **KNOW** the difference!
- ★ In **60 DAYS** you will **SEE** the difference!



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**\$99 per person if you register with one or more friends  
\$199 per person to register alone**

**Weigh In on January 9, 2012  
Challenge Begins on January 16, 2012**



**ChaarTKD.com**  
Chaar Tae Kwon Do & Martial Arts Center

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