

Support Ronald McDonald House of Charity 2012 Pennsylvania State Open Championship

Olympic and point style competition

Saturday, April 28, 2012

Park Forest Middle School, 2180 School Dr, State College, PA 16803

Information Sheet

Sanctioned by: Pennsylvania Taekwondo State Commission,
International Taekwondo Masters Academy.

Tournament Directors: Master Paul Mittan

Coordinators: Mr. Steve Morrissey

Pre-Registration Deadline: April 21, 2012 (\$45 for one or all events)

Events: Weapons, Breaking, Forms, Olympic and Point Sparring.

Schedule of Events:	Weapons, Breaking, Forms and Sparring	10:00 a.m.
Lunch (food can be purchased on site)		12:15 p.m.
Sparring for children (approximate time)		12:45 p.m.

Entry Fee after deadline \$45.00 for one event, \$5.00 each additional

Point Sparring equipment: Mandatory Gear – foam dipped or vinyl head gear, hand gear, foot gear. A protective mouthpiece for everyone and a groin cup for males are also required. Forearm, shin guards and rib guards are optional.

Olympic Sparring: Competitors will be paired up according to rank, age, weight, and gender at ring side. WTF modified rules are used.

Spectator Fee: \$5.00

Equipment Olympic: All competitors must wear chest protector, head gear, forearm, instep protection, a cup, and a mouth guard.

Hotel Accommodation: Please call the Chaar Taekwondo School at 814-861-3099

Forms: Will be judged on the degree of difficulty, power, accuracy, balance, and focus. Competitors should do the form associated with their rank.

Breaking: competitors will be allowed multiple stations. Color belts will have attempts to break. Black Belts will have two attempts. Kicking techniques will be scored higher than hand techniques. Jumping and /or spinning techniques will be scored higher than standing techniques. Multiple boards will be scored higher than single boards. Non- spaced boards will be scored higher than spaced boards.

Weapons:

Forms will be scored based on the degree of difficulty, power, accuracy, balance, and focus.

Boards and martial arts equipment may be purchased at the tournament!

Olympic Sparring

Age and Rank	Rules	Rounds
<u>11 years and under (color and black belts)</u>	No head contact at all	Two 60-second rounds
12-17 year old color belts Black belts 12-13 years old	Junior safety rules (controlled head contact with kicks-no hands to head)	Two 90-second rounds
All belts 18 years and older Black belts 14-17 years	Senior Rules (Full head contact with kicks-no hands to head)	Color belts- Two 90-second rounds Black belts- two- 2 minute Rds.

Point Sparring

Age and Rank	Rules	Rounds
17 years and under, all belts	No head contact, light body contact	One-Two minutes round Accumulation of points
18 years and up Black belts	Light head contact	One -Two minutes- round

DIVISIONS

ADULT MEN (17-35)

	FIGHTING	FORM
Black Belt Heavyweight (167 lbs and over)	1,2,3	1,2,3
Black Belt Lightweight (under 167 lbs)	1,2,3	
Red Belt	1,2,3	1,2,3
Blue and Green Belt	1,2,3	1,2,3
White and Yellow Belt	1,2,3	1,2,3

ADULT WOMEN

Black Belt (if 3 competitors)	1,2,3	1,2,3
Red Belt	1,2,3	1,2,3
Blue and Green Belt	1,2,3	1,2,3
White and Yellow Belt	1,2,3	1,2,3

WEAPONS, BREAKING

Adult	Black and Red	1,2,3
	Blue and Under	1,2,3
Juniors (13-16)	Black and Red	1,2,3
	Blue and Under	1,2,3
Children (12 and under)	Black and Red	1,2,3
	Blue and Under	1,2,3

JUNIORS/B

Ages 13-16 (Boys)	Black and Red	1,2,3	
	Blue and Green	1,2,3	
	White and Yellow	1,2,3	1,2,3

JUNIORS/G

Ages 13-16 (Girls)	Black and Red	1,2,3	1,2,3
	Blue and Green	1,2,3	
	White and Yellow	1,2,3	1,2,3

DIVISIONS (continue)

*Children divisions might be modified if not enough competitors in each category and that include combining boys and girls in sparring categories

CHILDREN			FIGHTING		FORMS
	Ages 11-12 (Boys)	Black and Red	1,2,3		
		Blue and Green	1,2,3		
		White and Yellow	1,2,3	1,2,3	
				1,2,3	Co-ed Forms
	Ages 11-12 (Girls)	Black and Red	1,2,3	1,2,3	
		Blue and Green	1,2,3		
		White and Yellow	1,2,3		
PEE-WEE					
	Ages 9-10 (Boys)	Black and Red	1,2,3		
		Blue and Green	1,2,3		
		White and Yellow	1,2,3	1,2,3	
				1,2,3	Co-ed Forms
	Ages 9-10 (Girls)	Black and Red	1,2,3	1,2,3	
		Blue and Green	1,2,3		
		White and Yellow	1,2,3		
MINI PEE-WEE					
	Ages 7-8 (Boys)	Black and Red	1,2,3		
		Blue and Green	1,2,3		
		White and Yellow	1,2,3	1,2,3	
				1,2,3	Co-ed Forms
	Ages 7-8 (Girls)	Black and Red	1,2,3	1,2,3	
		Blue and Green	1,2,3		
		White and Yellow	1,2,3		
SUPER PEE-WEE					
	Ages 5-6 (Boys & Girls)	Black and Red	1,2,3		
		Blue and Green	1,2,3		Co-ed Forms
		White and Yellow	1,2,3		
SENIOR DIVISION/MEN AND WOMEN	40-49 and 50-59	Black , Red, and Brown	1,2,3		Co-ed Forms
SENIOR DIVISION		Blue and Green	1,2,3		
		White , Yellow, and Orange	1,2,3		

Ronald McDonald House of Charity
2012 Pennsylvania State Open Championship
Saturday, April 28, 2012

Registration: 8:00 a.m.
BB Meeting: 9:30 am
Elimination: 10:00 a.m.

Park Forest Middle School (Main Gym)
2180 School Dr.
State College, PA 16803

Pre-register and save! Deadline: April 21, 2012 (Money order or cashier check only)
Absolutely NO personal checks! Mail to: S. Chaar , 131 S. Fraser St., State College, PA. 16801

Pre-register Price: \$45.00 for one or all Events (has to be in by April 21, 2012):
After April 21: \$45.00 for one event, \$5.00 each additional

Beautiful Trophies for 1st, 2nd, and 3rd place winners

******* \$100 each for Grand Champions in Forms and Sparring *******

Pre-register: Send cashier check or money order payable to: Sam Chaar

*****4 Grand Champion trophies for adult and junior divisions*****

******* for pre-registration: Must be postmarked no later than Saturday, April 21, 2012*******

ONLY CASH! ABSOLUTELY NO REFUND, NO PERSONAL CHECKS AT THE DOOR!

Events: () Weapons () Breaking () Forms () Sparring: ()Point ()Olympic

Male___ Female___ (fill out everything legibly or your registration will be denied)

Name: _____ Age_____ Weight_____ Lbs (approx.)

*Email Address: _____

Rank: White Yellow/Orange Green Blue Brown/Red Black___ Dan

Address: _____ Home phone: _____

City: _____ State: _____ Zip: _____

Martial Arts School: _____ Instructor: _____

School Address: _____ State ___ Zip ___ Phone _____ E-mail _____

LIABILITY OF WAIVER

In consideration of your acceptance of my registration, I do hereby, for myself and my heirs, executors and administrators waive, release and forever discharge any and all rights and claims for damages which I may have, or which may accrue to me, against the above mentioned championships and affiliates, and all members of the tournament of their respective (direct and indirect) officers, agents, representatives, volunteers, successors, and/or assigns, and against any competitor for any and all damages which may be sustained by me in conjunction with my association or entry in the above athletic meet, and in connection with any medical services I may be provided in connection with any such injury or illness. I understand that martial arts, and martial arts competition involve body contact from which injury or injuries may result. I further understand that I may be dismissed from the premises without compensation if my conduct is not cooperative or destructive to the successful operation of the above mentioned championships. I also certify that I have no medical condition(s) that may or will cause injury to myself or others by my participation in the above mentioned championships. Finally, I agree to follow, without compensation, the unrestricted use of any photographs, films, or videotapes of myself. I understand, certify, and hereby agree to all the terms and conditions of the liability waiver above.

Competitor's printed name and Signature:

Date:

Parent or Lawful Guardian's printed name and Signature

Date: